



Mid-Kentucky Presbytery Overnight Youth Events

What to bring ...

- ✓ Snack to share (one bag of chips, one package of cookies, etc)
 - ✓ Bible
 - ✓ Notebook and pen/pencil
 - ✓ Flashlight
 - ✓ Sleeping Bag or single sheets & blanket, and your pillow
 - ✓ Appropriate clothing for the weather and activities, and appropriate sleeping attire for shared space
 - ✓ Comfortable shoes (shoes must be worn)
 - ✓ Personal Toiletries
 - ✓ Completed Medical Release Form, particularly with parent(s)' signature and emergency contact information
 - ✓ Signed Covenant
- ◆ Optional: playing cards, board game, personal CD player/IPOD (to listen to at night or other not-structured times-cannot be used during planned activities).

What not to bring ...

- ◆ Any kind of electronic device that does not have earphones Cell Phones
- ◆ Skateboards, scooters, rollerblades, skates, etc.
- ◆ Any kind of drinks except a plastic bottled water (we will provide drinks)
- ◆ Any kind illegal substance or weapon, including cigarettes, alcohol or drugs (except prescriptions, which should be monitored by your accompanying adult advisor)
- ◆ Youth participants who drive must park cars upon arrival and leave them until the end of the event (no hanging out in or around cars)